

Report of the Trustees and
Financial Statements for the Year Ended 31 March 2025
for
MIND IN KINGSTON

Ark Accountancy Limited
Chartered Certified Accountant &
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for the Year Ended 31 March 2025

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Report of the Trustees
for the Year Ended 31 March 2025

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the appropriate legislative provisions contained across a number of statutory instruments. This includes the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Mind in Kingston's vision is that everyone with a mental health issue in the Royal Borough of Kingston upon Thames gets support and respect. The charity's objects are to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment within an area centred on the Royal Borough of Kingston Upon Thames in association with the national charity Mind and in accordance with the aims and objects of the national charity Mind.

OBJECTIVES AND ACTIVITIES

Significant activities

: To meet its charitable purpose Mind in Kingston delivers its vision and objectives. These aim to provide advice and information regarding mental health and mental health conditions to support people experiencing, or who have experienced, mental health issues to reach their potential within the community; to support people with mental health issues to maintain or improve their mental wellbeing by providing a wide range of community-based and low-to-medium level support; to support people with mental health issues to live as independently as possible in the community; to contribute and collaborate with statutory and voluntary agencies to improve and develop services for those experiencing mental health issues and respond to identified needs. These are underpinned by Mind in Kingston's core values and principles; to ensure the involvement of beneficiaries in the development and improvement of services, ensure their views and those of their families and carers are taken into account and to ensure that beneficiaries are treated with respect and dignity at all times. These objectives are achieved through a variety of activities, centred in and around the Royal Borough of Kingston upon Thames as follows:

Mental Health Housing Related Support (formerly Floating Support Service):

The Mental Health Housing Related Support Service enabled people to live independently in the local community in a range of different accommodation options that include shared homes and individual accommodation. Mind in Kingston also provided support to people living in their own accommodation (Floating Support). This service is delivered in partnership with Hestia and came to an end at the end of the financial year. Mind in Kingston continues to deliver housing management during the transition.

Drop in Cafés:

Mind in Kingston runs three Drop-in Cafés: The Bridge in Kingston upon Thames, the Star in Surbiton and a virtual Café. The aim of the Drop-in Cafés is to provide a service that is out of hours and that promotes social inclusion, offers low-cost refreshments (except for the virtual café) and non-intrusive and non-stigmatising support. The cafés are open in the evening and weekends when other non-crisis services are closed. There are themed evenings (e.g. games, LGBTQ+, film nights,) as well as regular groups such as Art and Drama workshops and the monthly book group.

Counselling Service:

An out of hours service that provides people in and around the borough of Kingston upon Thames with different counselling tools and techniques to cope with and manage issues such as relationships, family dynamics, work or study pressures, bullying, stress and anxiety. The service is coordinated by a qualified counsellor who assesses new clients, deals with allocations and supervises the counsellors, and it offers remote and face to face sessions.

Placements for counselling are on a voluntary basis. The charity actively encourages students to take up placements, so it can support them to gain vital experience while they qualify. Students must be in at least the second year of their counselling qualification, receiving external clinical supervision and have some client experience prior to starting.

Mental Health Awareness Training:

Mind in Kingston delivers virtual and face-to-face training to increase awareness of mental health issues and combat stigma by providing an understanding of the issues faced by those experiencing mental health issues through education, workshops and presentations, and for participants to take this information and understanding back into their lives. This service for schools and local voluntary organisations and groups is free of charge and for businesses the charity charges a fee.

Advice & Information Service:

Mind in Kingston provides advice and information by telephone, by appointment and via email, and offers to signpost or refer individuals to organisations which may be more suitable to their needs, as well as offering a listening ear to those in distress, or who may want more information about mental health needs. This service is supported by volunteers.

Champions for Change Kingston

OBJECTIVES AND ACTIVITIES

Champions Change Kingston challenges stigma and discrimination in mental health and supports champions (people with lived experience of mental health issues) to speak out about mental health issues, and engage specifically with people who have no, or little experience of mental health issues. Champions run activities to raise awareness, particularly on Time to Talk Day which takes place every February, Mental Health Awareness Week and World Mental Health Day.

Raising Awareness of Mental Health:

Mind in Kingston raises awareness and celebrates a number of mental health awareness days and events throughout the year to improve mental health awareness, promote a positive image of mental health and mental health beneficiaries and to reduce stigma and discrimination. Key dates and events are Time to Talk Day, Mental Health Awareness Week, World Suicide Prevention Day and World Mental Health Day. The charity does this by organising community events which are led by people with mental health issues, such as art exhibitions, live music, readings, workshops and stalls.

Physical & Inclusive Activities for Better Mental Health

Mind in Kingston's physical activity programme offers participants a range of activities such as walking, running, football and fitness classes, to improve their physical and mental wellbeing, with peer support to keep people motivated and involved. We also run a virtual quiz which is open to anyone and offers a fun, social activity with staff providing mental health support.

Alfriston Outreach

Alfriston Outreach provides a wide range of practical and emotional support options to mostly older people that can not necessarily be supported by Adult Social Care or other local organisations. The team provides hot lunches, a laundry service, a shopping service and other support, and runs the Alfriston building in Surbiton, which is the base for its services, as well as rented space to other local organisations, including the Journey Recovery Hub, the mental health crisis prevention service run by Richmond Borough Mind.

Art Therapy Service:

Run by a qualified art psychotherapist, this service offers 4 courses of 8 sessions each throughout the year. Participants are provided with materials and guided through a wide range of art techniques and media to support their emotional wellbeing.

Magpie Project:

The Magpie Project provides mental health support, outreach, activities, and a Drop-in Café for the Korean Community in the borough but is mostly based in New Malden where many of the community reside. Supported by two staff, a counselling assessor, and a counsellor as well as volunteers of Korean heritage, the project aims to reduce mental health stigma, raise awareness of mental health and local mental health services, and offer opportunities to improve mental wellbeing. Funding for this project ceased during the financial year, however we have been able to incorporate learnings from the project into our drop in cafes and have continued Korean language counselling as part of our wider counselling offer.

Kingston Peer Support Service

The Kingston Peer Support Service, which is commissioned by Southwest London and St George's Mental Health Trust, offers one to one support to individuals with severe and enduring mental illness. The service is led by staff with lived experience of mental health issues and delivered in partnership with voluntary sector partners: Kingston Carers Network (KCN), Staywell and the Working Well Trust. While the service is available to all eligible adults, there is a specific focus on young adults, neurodiverse people, older adults, and people from racialised communities.

Report of the Trustees
for the Year Ended 31 March 2025

OBJECTIVES AND ACTIVITIES

Public benefit

The Trustees confirm that they have complied with the duty set out in Section 4 of the Charities Act 2006 to have due regard to the guidance published by the Charity Commission regarding public benefit reporting. The Trustees believe that the activities undertaken by the charity as detailed above constitute the proper provision of public benefit to those people suffering from mental disorders or distress who avail themselves of the opportunities which are offered.

Charges are not made in respect of the services provided and, consequently, there is no financial burden to the users of those services, with the exception of rental charges to the residents of Carisbrooke, and modest and appropriate fees for the counselling service. Rent charged to the residents of Carisbrooke are largely defrayed by residents' welfare benefits.

Volunteers

Mind in Kingston has a growing and dedicated team of volunteers that support the charity by providing their time and skills. As well as supporting services such the Counselling Service, Outreach & Engagement activities, physical activities, the Telephone Advice Line, the Magpie Project, Alfriston Outreach, Champions for Change Kingston, and they support the charity to raise awareness of mental health at community events. Mind in Kingston volunteers undertake a variety of roles and have the opportunity to gain experience and skills and whom the charity assists in pursuing careers or education: in other cases, they remain committed to their role. The services Mind in Kingston provide are enriched by the individual personalities and skills of the volunteers to whom we are deeply grateful.

STRATEGIC REPORT

Achievements and performance

Charitable activities

In the past year, Mind in Kingston was commissioned by the Royal Borough of Kingston to deliver the Mental Health Support Service. This service brings together much of the community-based work that Mind in Kingston undertakes, ensuring continuity and consistency of delivery. Services incorporated into this new contract include the drop in cafés, counselling services, advice and information and Champions for Change. In addition, Mind in Kingston will be developing three new services under this contract, one to one support delivered to individuals in the community and peers support groups focused on building social connections through learning. Access to these services will be enhanced through a new referrals and assessment function, which will ensure that people receive the right support at the right time.

Mind in Kingston is a member of Mind in London, a network of 18 Local Mind Associations (LMA's) based in London. Mind in Kingston works closely with other LMAs in South West London (Mind in Croydon, Richmond Borough Mind and Central West London Mind). The partnership meets regularly to review its existing services and scope out new projects in South West London.

In 2024/25 Mind in Kingston significantly restructured its staff and leadership team. The charity operates with a Chief Executive Officer and a Director of Operations in its senior leadership team.

The Board of Trustees are supported by three sub-committees (SCs) (Finance, HR, and Marketing & Fundraising) which provide scrutiny, review a wide range of reports and data, ensure they comply with the law and charity guidelines, review risks across all areas of the charity responsibilities and ensure that the Board receives timely, relevant information to help it make decisions and plan for the future. The Sub-Committees also support the board in managing its response emergency procedures, and adapt its contingency plans as needed. The Sub-Committees are chaired by a trustee, and at least two members of staff who specialise in each area.

The trustees highly value the work of the Sub-Committees and are grateful for the committees' support and input.

Internal and external factors

Mind in Kingston carefully monitored its income and expenditure during 2024-25 and focused on delivering quality services. In addition, the charity is acutely aware of the cost-of-living crisis which can have a heavy impact on mental health and wellbeing, and it is expected that those on lowest incomes are most affected.

The Board is supported by the Finance Sub-Committee which meets monthly to review and scrutinise the charity's budgets, income and expenditure, cashflow, debtors and creditors and any potential risks.

Diversifying the charity's income remains a high priority for Mind in Kingston. Whilst the majority of income comes from statutory funding, Mind in Kingston continues to apply for grants and raise funds through fundraising activities.

STRATEGIC REPORT

Financial review

Financial position

The income of the charity increased by £19,318 from £789,155 to £808,476 including a decrease in donations of £17,820 and, an increase in grants, contracts, room hire & services of £36,185. There was an increase of £170,974 in resources expended, including a decrease in staff, social security, and pension costs of £9,473. There was an excess of expenditure over income of £233,011 for the year compared with an expenditure over income of £81,355 in the previous year.

The transfers from unrestricted funds to restricted funds is to reimburse the restricted funds with costs paid by the restricted funds in excess of the balances of restricted funds available. The Alfriston Outreach Contract, the Mental Health Awareness Training (free), Service User Involvement, General Manager, Drop-in Café, and Advice & Information are under contracts with the Royal Borough of Kingston upon Thames and presented as unrestricted funds as any balance left over may be used for charitable purposes.

The total funds held at the end of the year amounted to £14,979 ((£13,024) Unrestricted funds versus £28,003 Restricted funds), compared to £247,990 (£138,282 Unrestricted funds versus £109,708 Restricted funds) at the end of the prior year.

The Board of Trustees planned for a moderate deficit in 2024-25 in line with further investments to grow the core staff team. The Board is intent on increasing its income for the 2025-26 financial year to preserve solvency with further planning to make future investments into the charity to support its internal staff team and develop existing and new services; this is part of the charity's strategy. While the charity continues to ensure maximum support for everyone with a mental health issue, the CEO and senior leadership team are focusing on sustainable funding and diversified income that will support the charity's strategic aims.

The charity's Treasurer, Gerard Doyle, prior to stepping down, who also chairs the Finance Sub-Committee provided scrutiny and oversight of the finances and supported the Board of Trustees to make decisions on financial matters. Together with the Finance Sub-Committee, the Treasurer ensured that the finances are appropriately scrutinised, monthly reports are prepared and reviewed on a regular basis and recommendations are made to the Board to ensure appropriate decisions are made about income, expenditure, and financial management.

Principal funding sources

The principal funding sources of Mind in Kingston are contracts from the Royal Borough of Kingston (RBK), South West London and St George's Mental Health NHS Trust funding and Hestia, grants from the Southwest London Clinical Commissioning Group (SWL CCG), National Mind, BWV Mind (managing further Southwest London & St George's Mental Health NHS Trust funding), NHS Southwest London, donations and small grants together with the residential rents from Carisbrooke, the property managed by Mind in Kingston.

Reserves policy

While Mind in Kingston aspires to have reserves of approximately 6 months of its annual expenditure, it is the charity's intention to maintain a minimum level of at least 4 months' reserves at any time. This is to ensure that the charity has adequate funds to invest in the retaining and developing its staff team, increase capacity and develop new services, and to cover unexpected expenditure including legal costs, compensation and emergencies, and to guard against uninsurable risks and decrease of funding.

In 2024/25 it was necessary to allocate reserves to supporting the transitional arrangements as the charity reviewed and implementing structural changes. This action has led to a lower reserves position than aimed for. The charity is planning towards to increasing reserve levels again towards the policy target.

STRATEGIC REPORT

Future plans

In the coming year Mind in Kingston intends to:

- Apply for funding and income in line with the charity's strategic objectives, which focus on equality, diversity and inclusion, cost of living crisis, young people, loneliness and isolation and partnership work across Kingston and southwest London
- Supplement income via other bids and tenders, grant opportunities, donations and community fundraising events
- Monitor the impact and risks of the Cost-of-Living crisis on beneficiaries and work with partners to support people affected by the crisis
- Monitor the impact of the Cost-of-Living crisis trustees, staff and volunteers, and provide practical support (including salary reviews), advice and signposting
- Ensure it sustains its core projects and services and maintain current staff levels
- Works towards a surplus and replenish reserves
- Diversify its income by applying for new funding streams and contracts, increase unrestricted reserves, and by working more closely with other organisations to deliver services
- Continue to increase income from donations and fundraising activities to invest in current and new services
- Expand its existing services where appropriate so that people with mental health needs have more options to maintain their mental health and wellbeing
- Develop new services based on demand, such as Mental Health Awareness Training for Businesses, and to further promote the charity in our local area.
- Maintain the number of trustees on the Board.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a registered charity and company limited by guarantee established under a Memorandum of Association and operating under its Articles of Association. It was incorporated on 25 February 1999.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purpose of charity law. At every AGM one third of the directors retire by rotation and may offer themselves up for re-election, in line with its Memorandum and Articles of Association.

Mind in Kingston had a decreased in the number of trustees, numbering 6 in 2024/2025. This is a decrease from 8 in the previous financial year. Trustees provide a wide range of expertise to the board.

The trustees have a wide range of skills, including legal experience, HR experience and financial experience which ensure that the Board is able to effectively manage its various responsibilities. The Board is keen to have more diversity among its trustees and continue to look for trustees from different backgrounds and with different life experiences. In order to address any imbalances in diversity and ensure a comprehensive range of skills and experience amongst the trustees, Mind in Kingston will on occasion approach specific individuals or appoint someone on a temporary or non-voting position. There are no provisions for any outside agency to appoint trustees to the board.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

During the financial year, Mind in Kingston was managed by a Board of 6 Trustees. The Board has overall responsibility for the charity, and ensures that its governance, finance, and management structures are managed appropriately. The Board has appointed a chair to oversee the board's activities and chair the monthly board meetings. Kevin Mitchell became the chair in March 2021 and remained in post throughout this financial year. Gerard Doyle was appointed interim Treasurer for part of the 2024/25 financial year. The charity is currently seeking a new Treasurer.

The operational responsibility of the charity is delegated to the Chief Executive Officer, who is in a full-time paid post. The CEO is responsible for 29 staff, seven of whom are full time with the remainder being part time. The new Senior Leadership Structure consists of the CEO and the Director of Operations.

The Management Team consists of the Counselling & Wellbeing Manager, the Finance Officer, the Alfriston Outreach Manager and the Kingston Peer Support Service Manager. These teams provide supervision to their staff and volunteers and oversee the delivery of the charity's services.

The Board meets approx. every 6 weeks to consider reports and recommendations made by the Senior Leadership Team. There are three Sub-committees which support the work of the Board.

The Finance Sub-Committee meets monthly to monitor and scrutinise the financial activities and planning of the charity and to provide recommendations and specific advice to the Board when required. Its membership consists of the Treasurer, Chair or Vice-Chair, a Trustee, the CEO, the Director of Services and the Finance Officer.

The HR Sub-Committee provides the board with guidance and recommendations in terms of staffing (including salaries, contracts and role descriptions), policies and procedures, staff management, and training and development. The committee meets every 6-8 weeks, and is chaired by a Trustee, and attended by one other trustee and the Senior Leadership Team.

The Marketing and fundraising Sub-Committee oversees the charity's fundraising and marketing activities with the aim of promoting the charity, making the local community more aware of its purpose, activities and brand, and to organise fundraising activities, assisted by volunteers. The sub-committee meets every 6-8 weeks and is chaired by a Trustee and attended by one other trustee, the CEO or a Director, and the Communications Officer. The purpose and operation of this sub-committee is currently under review.

All Sub-Committees and Sub-Groups have terms of reference that list the purpose of each committee or group, its membership, and their lines of reporting.

Induction and training of new trustees

All potential new trustees are invited for an informal interview with the Chair and at least one other trustee and have the opportunity to meet the CEO separately to learn more about the role of a Trustee and its requirements. They are invited to join the board for at least one of their meetings to help them understand how the Board works in practice. Mind in Kingston encourages potential trustees to speak to existing trustees to get a better sense of what is expected.

New trustees will receive induction and training to ensure they fully understand the responsibility of the trustee role, which includes governance, charity finance, policies and procedures and HR. An annual training plan is in place to ensure trustees' skills and abilities are up to date.

Wider network

Mind in Kingston works with a wide range of charities, community groups, businesses and statutory bodies. This includes the Royal Borough of Kingston, the South West London Clinical Commissioning Group, NHS Kingston, NHS South West London, Health Education England, South West London & St George's Mental Health NHS Trust, Tolworth Hospital, Kingston Voluntary Action, Staywell, Hestia, Kingston Race and Equalities Council, Kingston Carers Network, Refugee Action Kingston, Kingston Welfare, other local mental health groups, local community groups, Kingston University, Kingston College, schools, local libraries and GP's. Mind in Kingston also works closely with the Mind in London network, and as a Local Mind Association within the Mind network in England and Wales. Although Mind in Kingston is affiliated to Mind (the national charity), this report is solely that of Mind in Kingston.

Related parties

Mind in Kingston is a registered charity and company limited by guarantee affiliated to Mind (the national charity).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

Risk assessment is carried out by the Board of Trustees in relation to the scale and likelihood of risks to which the charity is exposed, both in the short term within its annual budgetary review and longer term by the monitoring and revision of its strategy. These include:

Risks to funding

Risks arising from employment of staff and volunteers

Operational risks

Internal risks are minimised by procedures for authorising expenditure against approved budgets and regular financial monitoring by the Board, which receives reports on individual incidents, together with management reviews of operational policies and procedures and proposals for improvements in operational practices and services.

External insurance is sought against insurable risks, and financial reserves maintained against contingencies in addition to reserves maintained for designated projects.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03719792 (England and Wales)

Registered Charity number

1076791

Registered office

The Old Post Office

1 Brook Street

Kingston upon Thames

Surrey

KT1 2HA

Trustees

Mrs M F Corry Trustee

Mr K Mitchell Chair

Mr G N Doyle Trustee

Mr R L Kidger Trustee

Ms B Dattani Parekh Trustee

Mrs S M Adam Trustee

Ms C G Fadel

Ms C Potter (appointed 2.4.24)

Senior Statutory Auditor

Mary E Ryan FCCA

Auditors

Ark Accountancy Limited

Chartered Certified Accountant &

Statutory Auditor

56-58 High Street

Ewell

Epsom

Surrey

KT17 1RW

Chief Executive Officer

Rianne (Maria Petronella) Eimers (appointed 7.4.15, resigned 2.4.24)

Rachel Dykins - acting CEO (appointed 3.4.24)

Report of the Trustees
for the Year Ended 31 March 2025

AUDITORS

The auditors, Ark Accountancy Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 15 December 2025 and signed on the board's behalf by:

Mr K Mitchell - Trustee

MIND IN KINGSTON

Statement of Trustees' Responsibilities for the Year Ended 31 March 2025

The trustees (who are also the directors of Mind in Kingston for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law, Accounting and Reporting by Charities: Statement of Recommended Practice, the Companies Act 2006 and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Board acknowledges the difficulties caused by COVID-19 and is spending significant time to create and implement contingency plans to ensure the safety of its employees, volunteers and trustees whilst maintaining and diversifying our services as appropriate. We recognise that the financial year beginning from 1 April 2020 has had and will continue to have a significant impact in the way we operate our services, the way our employees work and, potentially, our fundraising. This will be discussed in more detail in the accounts for the appropriate reporting period.

AUDITORS

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 15.12.25 and signed on its behalf by:

K Mitchell - Trustee

Opinion

We have audited the financial statements of MIND IN KINGSTON (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the company through discussions with directors and other management, and from our knowledge and experience of the sector;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the company, including the Companies Act 2006, taxation legislation and data protection, anti-bribery, employment and health and safety legislation;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we - performed analytical procedures to identify any unusual or unexpected relationships;

- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from the financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Mary E Ryan FCCA (Senior Statutory Auditor)
for and on behalf of Ark Accountancy Limited
Chartered Certified Accountant &
Statutory Auditor
56-58 High Street
Ewell
Epsom
Surrey
KT17 1RW

16 December 2025

MIND IN KINGSTON

Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	13,198	95	13,293	29,796
Charitable activities	4				
Promote recovery from mental distress		760,448	34,318	794,766	758,581
Investment income	3	417	-	417	781
Total		<u>774,063</u>	<u>34,413</u>	<u>808,476</u>	<u>789,158</u>
EXPENDITURE ON					
Charitable activities	5				
Promote recovery from mental distress		<u>954,880</u>	<u>86,607</u>	<u>1,041,487</u>	<u>870,513</u>
NET INCOME/(EXPENDITURE)		(180,817)	(52,194)	(233,011)	(81,355)
Transfers between funds	15	<u>29,511</u>	<u>(29,511)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>(151,306)</u>	<u>(81,705)</u>	<u>(233,011)</u>	<u>(81,355)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		138,282	109,708	247,990	329,345
TOTAL FUNDS CARRIED FORWARD		<u><u>(13,024)</u></u>	<u><u>28,003</u></u>	<u><u>14,979</u></u>	<u><u>247,990</u></u>

The notes form part of these financial statements

Balance Sheet
31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	11	21,063	-	21,063	-
CURRENT ASSETS					
Debtors	12	15,668	-	15,668	13,774
Cash at bank and in hand		<u>19,588</u>	<u>28,003</u>	<u>47,591</u>	<u>367,835</u>
		35,256	28,003	63,259	381,609
CREDITORS					
Amounts falling due within one year	13	(69,343)	-	(69,343)	(133,619)
NET CURRENT ASSETS/(LIABILITIES)		<u>(34,087)</u>	<u>28,003</u>	<u>(6,084)</u>	<u>247,990</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		(13,024)	28,003	14,979	247,990
NET ASSETS FUNDS	15	<u>(13,024)</u>	<u>28,003</u>	<u>14,979</u>	<u>247,990</u>
Unrestricted funds				(13,024)	138,282
Restricted funds				<u>28,003</u>	<u>109,708</u>
TOTAL FUNDS				<u>14,979</u>	<u>247,990</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 15 December 2025 and were signed on its behalf by:

Mr K Mitchell - Trustee

MIND IN KINGSTON

Cash Flow Statement for the Year Ended 31 March 2025

	Notes	31.3.25 £	31.3.24 £
Cash flows from operating activities			
Cash generated from operations	1	(298,288)	28,431
Tax paid		<u>53</u>	<u>15</u>
Net cash (used in)/provided by operating activities		<u>(298,235)</u>	<u>28,446</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(22,426)	-
Interest received		<u>417</u>	<u>781</u>
Net cash (used in)/provided by investing activities		<u>(22,009)</u>	<u>781</u>
Change in cash and cash equivalents in the reporting period		<u>(320,244)</u>	<u>29,227</u>
Cash and cash equivalents at the beginning of the reporting period		<u>367,835</u>	<u>338,608</u>
Cash and cash equivalents at the end of the reporting period		<u>47,591</u>	<u>367,835</u>

The notes form part of these financial statements

Notes to the Cash Flow Statement
for the Year Ended 31 March 2025

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.25 £	31.3.24 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(233,011)	(81,355)
Adjustments for:		
Depreciation charges	1,363	-
Interest received	(417)	(781)
(Increase)/decrease in debtors	(1,947)	21,900
(Decrease)/increase in creditors	(64,276)	88,667
Net cash (used in)/provided by operations	<u>(298,288)</u>	<u>28,431</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank and in hand	<u>367,835</u>	<u>(320,244)</u>	<u>47,591</u>
	<u>367,835</u>	<u>(320,244)</u>	<u>47,591</u>
Total	<u>367,835</u>	<u>(320,244)</u>	<u>47,591</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably. This is derived from the provision of goods or services and is after trade discounts, if applicable. As a charity, Mind in Kingston is exempt from VAT.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Costs include VAT where applicable.

Allocation and apportionment of costs

As explained above, expenditure on charitable activities is allocated to the activities which use those resources. Direct staff costs, other direct charges and the appropriate proportion of central support costs are charged against the activities in which those staff are engaged. Central support costs are allocated to each activity on the basis of time spent by indirect personnel in the supporting of each activity. If costs are incurred from restricted funds, and those costs exceed the available balance of those restricted funds, then the resulting shortfall of restricted funds will be made good, wherever possible, from the balance of unrestricted funds.

Governance costs are those relating specifically to the charity, as distinct from the services provided by the charity, and include the costs associated with constitutional and statutory requirements.

Tangible fixed assets

There are no tangible fixed assets, other than minor office equipment. Such assets are written off in the year of acquisition. There is therefore no requirement for depreciation.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the trustees' report.

Hire purchase and leasing commitments

The charity does not hold any assets under hire-purchase agreements. Rentals paid under operating leases are charged on a straight-line basis.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

1. ACCOUNTING POLICIES - continued

Donated goods

Donated goods and services are not recognised in the accounts as they are donated by general volunteers as it is impractical for their contribution to be measured accurately

2. DONATIONS AND LEGACIES

	31.3.25	31.3.24
	£	£
Gifts & donations	11,590	29,410
Gift aid	-	53
Legacies	1,703	333
	<u>13,293</u>	<u>29,796</u>

3. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Deposit account interest	<u>417</u>	<u>781</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.25	31.3.24
		£	£
Counselling fees	Promote recovery from mental distress	8,350	12,600
Room hire	Promote recovery from mental distress	28,290	33,060
Alfriston Outreach Service	Promote recovery from mental distress	37,680	39,368
Grants	Promote recovery from mental distress	75,468	88,329
Housing benefits & resident's rents	Promote recovery from mental distress	66,560	66,003
Alfriston Outreach Contract	Promote recovery from mental distress	72,000	72,000
RBK Outcome 2 Network Contract	Promote recovery from mental distress	133,108	112,029
Mental Health Housing Related Support Contract	Promote recovery from mental distress	69,310	69,310
RBK Community Wellbeing contract	Promote recovery from mental distress	-	15,082
Peer project lead contract	Promote recovery from mental distress	304,000	250,800
		<u>794,766</u>	<u>758,581</u>

Grants received, included in the above, are as follows:

	31.3.25	31.3.24
	£	£
Royal Borough of Kingston	75,468	-
Mind to Mind	-	18,106
NHS South-West London ICS	-	5,105
Brent, Wandsworth & Westminster	-	42,072
CVA	-	8,000
Kingston University	-	3,000
Community Resilience Fund	-	12,046
	<u>75,468</u>	<u>88,329</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Promote recovery from mental distress	<u>686,473</u>	<u>355,014</u>	<u>1,041,487</u>

6. SUPPORT COSTS

	Management £	Information technology £	Human resources £
Promote recovery from mental distress	<u>173,339</u>	<u>15,660</u>	<u>154,735</u>
	Other £	Governance costs £	Totals £
Promote recovery from mental distress	<u>3,000</u>	<u>8,280</u>	<u>355,014</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25 £	31.3.24 £
Auditors' remuneration	8,280	6,480
Depreciation - owned assets	1,363	-
Other operating leases	<u>49,689</u>	<u>54,330</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

Expenses of £842 (2024 £337) were paid to one trustee.

9. STAFF COSTS

	31.3.25 £	31.3.24 £
Wages and salaries	519,447	530,703
Social security costs	38,972	36,678
Other pension costs	<u>13,976</u>	<u>14,487</u>
	<u>572,395</u>	<u>581,868</u>

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Direct charitable work	25	18
Administration	<u>2</u>	<u>2</u>
	<u>27</u>	<u>20</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

9. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

The full-time equivalent of the number of staff was 23 (2024: 20)

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	14,644	15,152	29,796
Charitable activities			
Promote recovery from mental distress	679,473	79,108	758,581
Investment income	781	-	781
Total	<u>694,898</u>	<u>94,260</u>	<u>789,158</u>
EXPENDITURE ON			
Charitable activities			
Promote recovery from mental distress	<u>702,677</u>	<u>167,836</u>	<u>870,513</u>
NET INCOME/(EXPENDITURE)	(7,779)	(73,576)	(81,355)
Transfers between funds	<u>(43,432)</u>	<u>43,432</u>	-
Net movement in funds	(51,211)	(30,144)	(81,355)
RECONCILIATION OF FUNDS			
Total funds brought forward	189,493	139,852	329,345
TOTAL FUNDS CARRIED FORWARD	<u><u>138,282</u></u>	<u><u>109,708</u></u>	<u><u>247,990</u></u>

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
Additions	<u>22,426</u>
DEPRECIATION	
Charge for year	<u>1,363</u>
NET BOOK VALUE	
At 31 March 2025	<u><u>21,063</u></u>
At 31 March 2024	<u><u>-</u></u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade debtors	15,668	9,120
Tax	-	53
Accrued income	-	2,820
Prepayments	-	1,781
	<u>15,668</u>	<u>13,774</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	38,052	1,425
Social security and other taxes	11,631	13,897
Grants in advance	-	70,098
Accrued expenses	19,660	48,199
	<u>69,343</u>	<u>133,619</u>

14. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.25	31.3.24
	£	£
Within one year	477	-
Between one and five years	1,908	528
In more than five years	-	5,566
	<u>2,385</u>	<u>6,094</u>

15. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General Fund	(39,872)	(59,353)	86,201	(13,024)
Carisbrooke	26,124	7,127	(33,251)	-
Housing Support	-	(42,942)	42,942	-
Management	-	(80,321)	80,321	-
Drop In Cafe Contract	-	(39,141)	39,141	-
Service User Involvement Service Contract	-	(14,918)	14,918	-
Counselling	-	(19,414)	19,414	-
Alfriston Outreach Service	49,756	907	(50,663)	-
Community Wellbeing Project	9,455	(38)	(9,417)	-
Peer Project Lead	92,819	67,276	(160,095)	-
	<u>138,282</u>	<u>(180,817)</u>	<u>29,511</u>	<u>(13,024)</u>
Restricted funds				
Mind Football Project	3,925	(3,911)	(14)	-
Wellbeing Wednesdays Project	-	(1,816)	1,816	-
Drop-In Peer Group Activity	28,837	(11,501)	(2,641)	14,695
Peer Support Project	3,395	(320)	-	3,075
Community Allotment	2,309	-	-	2,309
Counselling Grant	-	(1,271)	1,271	-
Suicide Prevention	5,930	-	(5,930)	-
Pace Setter	237	-	(237)	-
COVID19 Emergency fund	1,988	-	(1,988)	-
Creative Projects	902	-	-	902
Telephone Support Project - Loneliness	249	-	-	249
CAF Emergency Counselling Fund	640	(127)	-	513
National Lottery Art Therapy and Creative Project	794	-	-	794
RBK Covid-19 Telephone Support Project	6,546	(5,365)	(933)	248
Southwest London Discharge Project	18,769	-	(18,769)	-
Physical & Inclusive Activities for Better Mental Health	-	(10,497)	10,497	-
Champion for Change Kingston (Time to change)	4,920	(7,215)	2,295	-
Korean Equality Fund (Magpie Project)	13,911	(13,101)	-	810
Children & young people Project	10,000	-	(10,000)	-
18-25 MH Transition project	1,500	-	-	1,500
Kingston College Drop-in	1,861	(3,014)	1,153	-
SMI (Severe Mental Illness Mental Health Service	2,995	(87)	-	2,908
Equity & lived experience dev	-	531	(531)	-
New Hope Project	-	5,500	(5,500)	-
	<u>109,708</u>	<u>(52,194)</u>	<u>(29,511)</u>	<u>28,003</u>
TOTAL FUNDS	<u>247,990</u>	<u>(233,011)</u>	<u>-</u>	<u>14,979</u>

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	262,545	(321,898)	(59,353)
Carisbrooke	66,560	(59,433)	7,127
Housing Support	-	(42,942)	(42,942)
Management	-	(80,321)	(80,321)
Drop In Cafe Contract	-	(39,141)	(39,141)
Service User Involvement Service Contract	-	(14,918)	(14,918)
Counselling	3,380	(22,794)	(19,414)
Alfriston Outreach Service	137,578	(136,671)	907
Community Wellbeing Project	-	(38)	(38)
Peer Project Lead	304,000	(236,724)	67,276
	<u>774,063</u>	<u>(954,880)</u>	<u>(180,817)</u>
Restricted funds			
Mind Football Project	5,070	(8,981)	(3,911)
Wellbeing Wednesdays Project	-	(1,816)	(1,816)
Drop-In Peer Group Activity	5	(11,506)	(11,501)
Peer Support Project	-	(320)	(320)
Counselling Grant	5,070	(6,341)	(1,271)
CAF Emergency Counselling Fund	-	(127)	(127)
RBK Covid-19 Telephone Support Project	-	(5,365)	(5,365)
Physical & Inclusive Activities for Better Mental Health	-	(10,497)	(10,497)
Champion for Change Kingston (Time to change)	3,500	(10,715)	(7,215)
Korean Equality Fund (Magpie Project)	7,826	(20,927)	(13,101)
Kingston College Drop-in	-	(3,014)	(3,014)
SMI (Severe Mental Illness Mental Health Service	-	(87)	(87)
Equity & lived experience dev	5,700	(5,169)	531
New Hope Project	7,242	(1,742)	5,500
	<u>34,413</u>	<u>(86,607)</u>	<u>(52,194)</u>
TOTAL FUNDS	<u>808,476</u>	<u>(1,041,487)</u>	<u>(233,011)</u>

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General Fund	136,184	10,669	(186,725)	(39,872)
Carisbrooke	14,725	11,399	-	26,124
Housing Support	-	(33,102)	33,102	-
Management	-	(46,221)	46,221	-
Drop In Cafe Contract	132	(28,283)	28,151	-
Service User Involvement Service Contract	-	(20,904)	20,904	-
Counselling	-	(14,915)	14,915	-
Alfriston Outreach Service	34,864	14,892	-	49,756
Community Wellbeing Project	3,588	5,867	-	9,455
Peer Project Lead	-	92,819	-	92,819
	<u>189,493</u>	<u>(7,779)</u>	<u>(43,432)</u>	<u>138,282</u>
Restricted funds				
Mind Football Project	3,654	271	-	3,925
Counselling	672	(1,867)	1,195	-
Wellbeing Wednesdays Project	-	(3,603)	3,603	-
Drop-In Peer Group Activity	26,713	2,124	-	28,837
Peer Support Project	3,807	(412)	-	3,395
Community Allotment	2,309	-	-	2,309
Suicide Prevention	5,930	-	-	5,930
Get set to go	1,620	(1,620)	-	-
Pace Setter	237	-	-	237
COVID19 Emergency fund	1,988	-	-	1,988
Creative Projects	902	-	-	902
Telephone Support Project - Loneliness	249	-	-	249
CAF Emergency Counselling Fund	935	(295)	-	640
National Lottery Art Therapy and Creative Project	854	(60)	-	794
RBK Covid-19 Telephone Support Project	6,832	(286)	-	6,546
Southwest London Discharge Project	18,769	-	-	18,769
Physical & Inclusive Activities for Better Mental Health	-	(22,465)	22,465	-
Champion for Change Kingston (Time to change)	7,289	(2,369)	-	4,920
Korean Equality Fund (Magpie Project)	36,172	(22,261)	-	13,911
Children & young people Project	10,000	-	-	10,000
18-25 MH Transition project	1,500	-	-	1,500
Kingston College Drop-in	9,420	(7,559)	-	1,861
SMI (Severe Mental Illness Mental Health Service	-	2,995	-	2,995
Equity & lived experience dev	-	(920)	920	-
New Hope Project	-	(15,249)	15,249	-
	<u>139,852</u>	<u>(73,576)</u>	<u>43,432</u>	<u>109,708</u>
TOTAL FUNDS	<u>329,345</u>	<u>(81,355)</u>	<u>-</u>	<u>247,990</u>

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	208,585	(197,916)	10,669
Carisbrooke	66,003	(54,604)	11,399
Housing Support	-	(33,102)	(33,102)
Management	-	(46,221)	(46,221)
Drop In Cafe Contract	-	(28,283)	(28,283)
Service User Involvement Service Contract	280	(21,184)	(20,904)
Counselling	2,495	(17,410)	(14,915)
Alfriston Outreach Service	147,653	(132,761)	14,892
Community Wellbeing Project	15,082	(9,215)	5,867
Peer Project Lead	254,800	(161,981)	92,819
	<u>694,898</u>	<u>(702,677)</u>	<u>(7,779)</u>
Restricted funds			
Mind Football Project	5,105	(4,834)	271
Counselling	10,105	(11,972)	(1,867)
Wellbeing Wednesdays Project	-	(3,603)	(3,603)
Drop-In Peer Group Activity	14,376	(12,252)	2,124
Peer Support Project	-	(412)	(412)
Get set to go	-	(1,620)	(1,620)
CAF Emergency Counselling Fund	-	(295)	(295)
National Lottery Art Therapy and Creative Project	-	(60)	(60)
RBK Covid-19 Telephone Support Project	-	(286)	(286)
Physical & Inclusive Activities for Better Mental Health	120	(22,585)	(22,465)
Champion for Change Kingston (Time to change)	13,021	(15,390)	(2,369)
Korean Equality Fund (Magpie Project)	8,561	(30,822)	(22,261)
Kingston College Drop-in	-	(7,559)	(7,559)
SMI (Severe Mental Illness Mental Health Service	42,072	(39,077)	2,995
Equity & lived experience dev	900	(1,820)	(920)
New Hope Project	-	(15,249)	(15,249)
	<u>94,260</u>	<u>(167,836)</u>	<u>(73,576)</u>
TOTAL FUNDS	<u>789,158</u>	<u>(870,513)</u>	<u>(81,355)</u>

The nature and purpose of the restricted and unrestricted funds mentioned above are described in detail in the Report of the Trustees in the section "Objectives and Activities". In the unrestricted funds, the fund Carisbrooke is in respect of the house which provides accommodation for residents who are recovering from mental distress. The residents pay rent to the charity to cover the running costs of the house.

16. RELATED PARTY DISCLOSURES

MIND in Kingston is affiliated to National MIND. Affiliation fees for 2024/25 of £1,728 were paid to National MIND and Mind in London (2023/24 £1,236).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.